# Pictorial Cannabis Withdrawal Scale



#### Instructions

This version of the Cannabis Withdrawal Scale asks about symptoms experienced and their severity over the last 24 hours.

Ask participants to use the number ladder to identify how severely they have experienced each listed withdrawal symptom over the last 24 hours. If other symptoms or comments are made while speaking with the participant, record in the text box.

## My symptoms in the last 24 hours

### 1 Hanging out to smoke gunja









3 Not hungry/didn't want a feed



4 Feeling sick/off





5 Nervous, racing mind





**6** Angry/short temper









5 – 6

7 – 8

9 – 10 =

Severity of symptoms ladder

as high as you can go at the number 10.

Moderately

Quite a bit

**Extremely** 

A little

Imagine you are standing on the ground and you are

at zero, as you climb higher and higher the numbers increase until you are at the top of the ladder which is

= Very slightly or not at all

8 Hanging out to be stoned





**9** Can't sit still/thinking too much



**10** Sweating more than usual





**11** Bad sleep





12 Chills (suddenly feel cold) or burning up





**Extremely** Quite a bit **Moderately** A little Very slightly Not at all

Other symptoms / comments: