

**Worksheet 1: Student worksheet scenario one**

Jen is with 6 friends who are staying the night at her best friend’s house. They are planning to stay in and watch DVDs. One girl, Melissa, has bought a joint with her that she stole from her brother’s room. Melissa thinks it is cannabis and is offering everyone a chance to try it. Everyone seems keen to try it. Jen knows of lots of people at school who have tried it but she has never tried smoking before. Jen has heard that cannabis is ‘natural’ and can’t do anyone any harm. They are not using any other drugs or alcohol and everyone is in a happy mood. None of them have tried cannabis before.

Jen decides she may as well give it a go.

Jen doesn’t feel much affect from smoking. She figures it is because she didn’t really inhale that much because she didn’t want to start coughing. However, Melissa who seemed to have had the most has starts to look really sick and says she wants to throw up. She won’t sit still and keeps pacing around the house as if she is scared of something. Melissa keeps telling everyone to stop talking about her behind her back, but her friends insist that they are not talking about her.



1. What do you think has happened to Melissa?

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2. What can Jen and her friends do to help Melissa?

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3. Where could Jen go (or who could she call) for more information to help Melissa?

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4. Where could Melissa go for some help?

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## Worksheet 2: Student worksheet scenario two

Jack is skating with some older boys at the skate park. He really likes these guys and thinks they are really cool. One of the guys, Adrian, asks James if he would like to smoke weed with them and points to some bushes in the nearby park. Jack says he has never smoked before. Adrian says it isn't a problem because they are all really experienced and will show him how to smoke 'properly'.

Jack decides to try it.

Jack only has a small amount and feels little effect. After everyone has had a smoke, they all head back to the skate bowl. They sit around for a while then Adrian decides to try going for a skate. He says he always skates when he's stoned and it makes him more careful. Jack was sitting watching and saw Adrian make a turn and fall. He hit his head and slid down the bowl. Everyone just sat there expecting him to get up, but he didn't move. They realised pretty quickly that something was wrong and could see that Adrian was bleeding from a mark on his head. They couldn't wake him up.



1. Why do you think Adrian fell and hurt himself?

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2. Why is this situation a medical emergency that requires calling an ambulance?

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3. One of the other guys says they should “wait a bit” before calling an ambulance to see if Adrian wakes up. Why do you think he wants to wait?

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4. What do you think will happen when an ambulance is called?

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5. Where could you go to get more information?

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6. Who could Adrian go to if he wants to get help for his cannabis use?

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