

Worksheet 1: Scenarios

Scenario 1:

Jen is with 6 friends who are staying the night at her best friend's house. They are planning to stay in and watch DVDs. One girl, Melissa, has bought a joint with her that she stole from her brother's room. Melissa thinks it is cannabis and is offering everyone a chance to try it. Everyone seems keen to try it. Jen knows of lots of people at school who have tried it but she has never tried smoking before. Jen has heard that it is 'natural' and can't do anyone any harm. They are not using any other drugs or alcohol and everyone is in a happy mood. Jen is wondering, "What's the harm in trying?"

Scenario 2:

Jen is at a party with a new group of friends that she is just getting to know. Everyone is drinking, so Jen decides to have a few drinks as well. A friend comes up to Jen and asks if she would like to have some weed with a group out the back. Jen has tried cigarettes before, and hated it because it made her cough, so she isn't really sure she wants to. This guy she really likes is out the back with a group and Jen would really like a chance to spend some time with him, hoping he will notice her. Is this her opportunity?

Scenario 3:

Jack is skating with some older boys at the skate park. He really likes these guys and thinks they are really cool. One of the guys, Adrian, asks James if he would like to smoke weed with them and points to some bushes in the nearby park. Jack says he has never smoked before. Adrian says it isn't a problem because they are all really experienced and will show him how to smoke 'properly'. Jack isn't sure what to say.

Scenario 4:

Jack is having a really tough time at school. Some of the bigger guys in his class have been picking on him. He decides to tell his older brother about it, because he is really cool and always knows what to do. Jack's brother smokes dope all the time. He tells Jack that if he smokes, he won't care about the other kids being mean to him and that will help him to stick up for himself with these guys. Jack would really like to tell these guys where to go so they leave him alone.

Scenario 5:

Jen is out with Al for the first time. She has had a crush on him for a year and he has finally asked her out. They are going to grab something to eat then go and see a 3D film at the cinema. Al tells Jen that he thinks they should have some weed before they see the film because it will make the 3D film even better. Jen has never smoked before, not even cigarettes. She really likes Al and wants him to like her as well.

Scenario 6:

Jack's parents have smoked dope as long as he can remember. There is always weed and bongs lying around the TV area and he's really keen to try it to see what it is like. When he asked his dad about it, his dad said it was harmless. But when Jack asked to try it, his Dad got really angry and told him "You are too young to start smoking". Jack doesn't agree so one day, when he is at home alone, he wonders whether he should try some.



Worksheet 2: Additional information

Jack/Jen is just getting over the flu. She has been unwell for a week and still has a cough

Jack/Jen is part of a sports team and they are in a final tomorrow

Jack/Jen has had a fight with his/her mum and is still angry

Jack/Jen's cousin has been in hospital for mental illness

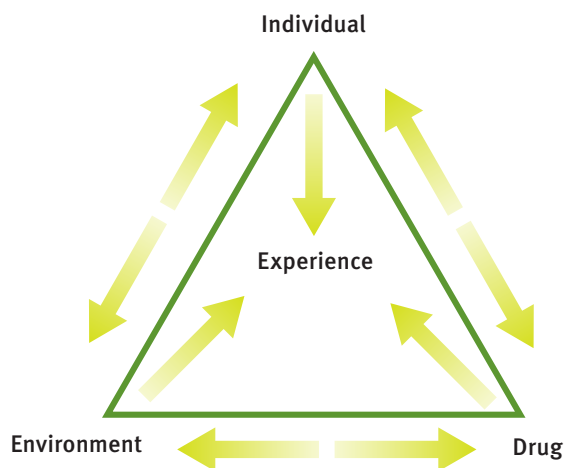
Jack/Jen knows many people who smoke and nothing bad has happened to them

Jack/Jen is very health conscious. He/she has never been one to put anything into his/ her body that wasn't good

Jack/Jen's family have religious beliefs that make drinking or using drugs unacceptable

Worksheet 2: Student worksheet

Below is a diagram that looks at how the individual, the environment and the drug can interact to influence the decision to try (or not) a drug like cannabis.



You will be given a brief story about a young person who is deciding whether or not to try cannabis for the first time.

1. Read the story and identify the individual, environmental and drug factors that might influence the person's decision to use or try cannabis.

| Individual | Environment | Cannabis |
|---|---------------------------------|---|
| <i>physical and psychological, genetics, size, height, weight</i> | <i>when, where and who with</i> | <i>quantity, frequency, potency, and how it is consumed/route of administration</i> |
| | | |

Next, you will be given one more piece of information about the young person

2. Does it relate to the individual or the environment?



3. How might this new piece of information influence whether Jack/Jen will try or use cannabis on this occasion?

4. What would you say to Jack/Jen to convince her not to try cannabis?

5. What could Jack/Jen say to his/her friend if she decides not to use?

