Gunja and your community

Keep your community strong.
Say no to gunja!

Information on gunja
for Aboriginal and Torres Strait Islander Australians
Gunja is no good for families. Parents using gunja can forget to look after their kids or to pass on their community’s stories. Don’t use gunja around kids. Show them how to be strong and healthy.
Gunja can cause money problems, fights, humbugging, worry and stress. Spend your money on your kids and buy healthy food instead of gunja. Look after your mob.
Keep your community strong. Say no to gunja!
Gunja is no good for your mob, culture, country or community. It harms your spirit and can make you forget your community’s stories. Try to use less gunja or give it up. Show your kids how to be healthy and strong.
Stay strong for your mob. Get help from family, friends, your Aboriginal Medical Service, doctor (GP), rehab centre, hospital or clinic to stop using gunja.
This booklet is part of a series that provides information about gunja (cannabis) in an easy-to-read format. You can order all the titles and associated posters at no charge from our website.

- What is gunja?
- Gunja and the law
- Gunja and your community
- Gunja and pregnancy

In my community gunja is called ________________________

www.ncpic.org.au/indigenous/

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Cannabis Information and Helpline:
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