CANNABIS: MORE THAN JUST STONED

What is cannabis?
What is cannabis?
Cannabis can make you relax and talk a lot
It can also make you feel hungry, have red eyes, and a dry mouth and throat.
Cannabis is bad for your lungs. It can even give you cancer.
STUFF I WANT TO REMEMBER

EMPTY
Using cannabis can make it hard to learn and remember things
Sometimes cannabis can make people feel worried or scared
Using cannabis can make you see, hear or feel things that aren’t there or believe things that aren’t true.
Cannabis affects your brain and your ability to do things like driving, safely.
You can also get hooked on (addicted to) it, and it can make you not want to do things like study, work or see your friends.
People who don’t use cannabis are more likely to finish school and find it easier to achieve their goals.
Cannabis can make people talkative, sleepy, relaxed and hungry

Cannabis can give people the munchies (wanting to eat fatty and sugary foods)

It is illegal to drive when using cannabis and drivers are two to three times more likely to have a motor vehicle crash.
Cannabis is linked to mental health problems like anxiety, depression and schizophrenia

People who use cannabis a lot are less likely to finish school or do more study

Smoking cannabis increases the risk of lung and chest problems, including cancer

People with a family member who has a mental health problem are more likely to develop a similar problem if they use cannabis
This resource is part of a series that provides cannabis-related information in an easy-to-read format. You can order all the titles at no charge from our website.

- What is cannabis?
- Cannabis and the law
- Cannabis and pregnancy
- Cannabis and addiction

Cannabis Information and Helpline:

1800 30 40 50

www.ncpic.org.au